Panasonic











Creative Baking with Panasonic Breadmakers

Carrot Sourdough Bread With Seeds

Pear And Chocolate Galette	04
Almond Cake With Raspberries And White Chocolate	05
Brioche	06
Brioche Easter Bunnies	07
Easter Brioche Buns With Coloured Eggs	30
Carrot Cashew Coconut Cake	09
Soft Apple Almond Cake	10
Millet And Spelt Rolls	11

03





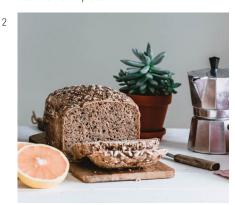
This carrot bread unites the pronounced flavour of rye with the fluffiness you can only get when using wheat or spelt flour. We then ratchet things up a bit by adding delectable, roasted seeds and freshly grated carrots—because this tastes damn good and just plain keeps the bread fresh for days.





STEPS

1 Mix together the ingredients for the sourdough until a smooth dough is formed. Cover and let rise in a warm place for two hours.



Toast seeds in a dry hot pan for five minutes, stirring often, until the seeds give off a rich fragrance. Remove from heat and set aside.

- 3 Finely grate the carrots.
- 4 Add all the ingredients into the bread pan and select a programme that will knead your dough for 10 minutes.

 (SD-YR2550 / SD-YR2540 / SD-R2530: Manual Bread Dough Kneading Programme; all other

breadmaker models, select the pizza dough programme and cancel after 10 min.)

- 5 Select the Sourdough Bread Programme on your breadmaker and press start. This programme begins with a long proofing phase and also has scheduled a long second leavening phase.
- 6 Remove the loaf from the bread maker and allow to cool fully before slicing.



INGREDIENTS

FOR THE SOURDOUGH:

75g sourdough starter75g whole grain rye flour75ml (28°C warm) water

FOR THE BREAD DOUGH:

50g sunflower seeds
30g sesame seeds
30g linseed
200g carrots
250g white spelt flour
175g whole grain rye flour
12g salt
300ml (28°C warm) water

BEST WORK WITH:

SD-YR2550	Menu 22
SD-YR2540	Menu 13
SD-R2530	Menu 21
SD-ZX2522	Menu 29
SD-ZB2512	Menu 10
SD-2511	Menu 26

BREADMAKER recipes by Panasonic





A delicious pear and chocolate cake that is healthy and gluten-free. Amaze your guests and family with this tasty dessert.

STEPS

- Preheat the oven to 180°C.
- Blend the almonds with a food processor until they have a flour like consistency.



Use your breadmaker to prepare the galette dough by using the kneading function for around 10 minuntes. Add the buckwheat flour, almond flour, chickpea flour, coconut sugar and salt into the bread pan. Then pour in the coconut oil at room temperature or slightly heated (it must be creamy and soft, not liquid and hot) and knead while adding the cold water (50ml) little by little.

- Form a ball, cover it with plastic wrap and let it rest for 15-20 minutes in the refrigerator.
- Meanwhile, coarsely chop the dark chocolate.
- Wash and dry the pears, remove the core and the seeds and cut them into thin slices.
- Put the pears in a bowl or spread them on a sheet of parchment paper. Add or brush the lemon juice and the syrup. Stir gently with a wooden spoon or with your hands and set aside for the time being. (You can postpone this step and brush the pears with juice and syrup when you place them on the dough)



Remove the pastry from the refrigerator and let it set for 2-3 minutes. Work it with your hands and roll it out with a rolling pin between two sheets of parchment paper. The pastry should have a thickness of about 2-3mm.

- Spread the chopped chocolate over the pastry, leaving a border of about 3cm.
- 10 Arrange the pears on top of the chopped choco-
- 11 Close the edges of the tart and brush the pastry with the mixture of syrup and vegetable milk.
- 12 Bake for about 38-40 minutes, until the pastry is lightly browned.
- 13 Serve the chocolate and pear galette warm or at room temperature with melted chocolate.







INGREDIENTS

FOR THE SOURDOUGH:

150g buckwheat flour 75q almonds or almond flour 40g chickpea flour 35-45g coconut sugar 75q coconut oil 50ml water a pinch of unrefined salt 80g dark chocolate 4-5 pears

2 tbsp maple syrup lemon (juice) pinch of salt

1 tbsp tapioca or cornstarch

TO BRUSH:

1 tsp non-dairy milk 1 tbsp maple syrup

BEST WORK WITH:

YR and R-MODELS: kneading function, all other models: pizza dough programme (but has to be canceled)

Menu 17 (pizza) SD-B2510 SD-ZX2522 Menu 32 (pizza) Menu 29 (pizza) SD-ZB2512 Menu 28 (pizza) SD-2511 SD-2500 Menu 20 (pizza) Menu 29 (kneading) SD-YR2550 SD-YR2540 Menu 30 (kneading) SD-R2530 Menu 28 (kneading)



Recipe for a simple but stunning looking almond cake with raspberries and white chocolate coating.

STEPS

- Pre-heat the oven to 180°C and scatter 150g almonds over a baking sheet lined with baking parchment. Roast in the oven for approx. 8 minutes, then take out and leave to cool. Then use a grinder to grind them finely. Alternatively, you could use ready-roasted ground almonds.
- Now cut the butter into 1-cm-cubes, cut the vanilla pod in half lengthways and scrape out the pulp. Use a handheld whisk on the highest setting to beat the eggs and icing sugar for approx. 5 minutes until creamy.
- Prepare the automatic bread maker by taking the bread pan out of the appliance and inserting the kneading blade.
- 4 Put 170g soft butter and the milk, flour, vanilla pulp, baking powder and ground almonds into the pan. Pour the beaten egg mixture carefully over the top and scatter over 100g of the raspberries. Set the rest of the berries aside to thaw.



- Insert the bread pan into the appliance and close the lid.
- Select the "Cake" Programme and press "Start".
- Once the programme has finished, open the lid and leave the cake to cool in the pan for about 30 minutes. Then remove the bread pan, loosen the cake and remove it from the pan, and slide the kneading blade out of the cake. Leave to cool down completely.

8 Blend the rest of the raspberries to a purée and strain them through a sieve. Break the white chocolate into pieces and melt in a glass bowl over a saucepan of hot water. Spread the melted chocolate evenly over the cake. Add dots of raspberry purée to the top of the chocolate and use a fork to swirl it through the chocolate topping. Wait until set, then serve.





NOTE: The chocolate can also be melted in the microwave. To do this, chop the chocolate finely, put it in a microwave-safe bowl and set the Inverter microwave to 100W. Melt the chocolate in 20-second steps, stirring in between each time and starting the process again. As the white chocolate can burn quickly, a slow melting process is required. This takes about 11/2-2 minutes in total.



INGREDIENTS

MAKES 1 LOAF CAKE:

150g whole blanched almonds

170q soft butter vanilla pod

eggs 150g icing sugar

2 tbsp milk

100g

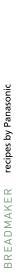
150g wheat flour baking powder 3 tsp frozen raspberries

white chocolate

BEST WORK WITH:

SD-YR2550 Menu 25 SD-YR2540 Menu 26 SD-R2530 Menu 24 SD-B2510 Menu 18









- 1 Stir the egg yolks and egg with water in a bowl. Then take the bread pan with the kneading blade out of the breadmaker and add all ingredients in the top-to-bottom order.
- 2 Select the brioche programme and choose crust colour. After that press start button.
- 3 After about 55 minutes the breadmaker will beep. Add the additional butter (80g). Close the lid and press start again.
- 4 When your Brioche is done, take it out and let it cool down.



INGREDIENTS

11/4 tsp dry yeast

400g strong white bread flour

60g butter 50g sugar

2 tbsp skimmed milk powder

1½ tsp salt

270ml mixture 2 beat eggs (medium

sized)

+ 2 egg yolks + water

80g butter

BEST WORK WITH:

SD-YR2550	Menu 10
SD-YR2540	Menu 10
SD-R2530	Menu 10
SD-B2510	Menu 8
SD-ZX2522	Menu 14
SD-ZB2512	Menu 29
SD-2511	Menu 29
SD-2500	Menu 10





Not just for Easter, these brioche bunnies are an adorable accompaniment at the breakfast table.

STEPS

- 1 Add yeast, flour, sugar, milk, egg and butter into your breadmaker and select the bread dough programme and let the machine take care of kneading and letting the dough rise.
- 2 Once the programme is done, divide the dough into six equal parts and form long ropes. Cut a small part of each long dough piece off and shape it into a ball.



Twist the two ends of one long dough piece and shape it into a bunny. Place the dough ball into the middle. Place all six bunnies onto the baking tray lined with parchment paper. Let them rest for 30 minutes.



Mix one egg with a splash of water and brush the bunnies with it. Add pearl sugar onto the dough ball in the middle.



Bake the Brioche bunnies in your oven at Convection 180°C for around 20 minutes till they are golden. Let them cool down once done.

6 Add the melted chocolate into an icing bag and give your bunnies nice faces. Let the chocolate dry.



INGREDIENTS

6 BUNNIES:

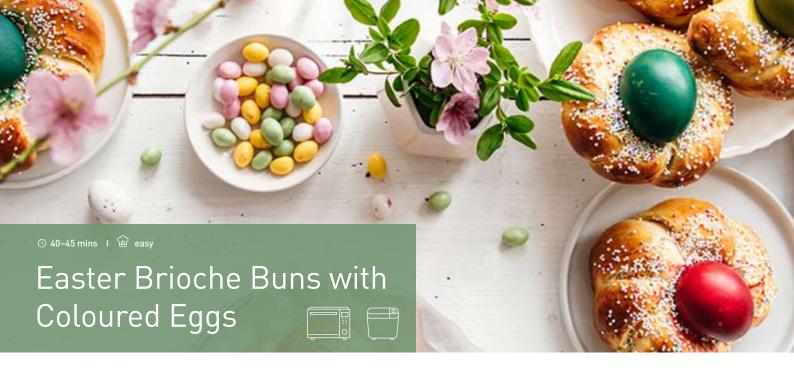
250g flour (1 pack) dry yeast 2 tbsp sugar

150ml milk 1 tbsp butter eggs 3 tbsp pearl sugar melted chocolate

BEST WORK WITH:

SD-YR2550 Menu 10 SD-YR2540 Menu 10 SD-R2530 Menu 10 SD-B2510 Menu 8 SD-ZX2522 Menu 14 SD-ZB2512 Menu 29 SD-2511 Menu 29 SD-2500 Menu 10







- 1 Add the yeast into the bread pan of the breadmaker. Then add the flour, salt, sugar, beaten eggs and milk. Finally cut the butter into pieces and add it into the bread pan.
- Select the bread dough programme and press start. Meanwhile, colour the eggs with food colouring and leave them to dry.



Once the programme is done, take the dough out of the bread pan and place it on a lightly floured work surface. Knead the dough using your fist and then separate it into 12 pieces and roll them each into sausage shapes.



Braid two dough strands together and secure the ends with a little water to form a crown. Place the buns on a lined baking tray. Place the eggs in each of the bun's hollows, cover with a tea towel and leave for 30 minutes.

- 5 Mix together the egg yolk and milk. Brush the buns with it by removing each egg before replacing them again.
- Pre-heat the oven to 175°C, bake the buns with convection for 20 minutes.
- Once done, let the buns cool on a wire rack.
- Brush each bun with a little maple syrup and sprinkle with the sugar pearls. Allow them to cool completely before eating.





INGREDIENTS

FOR THE BUNS:

soft pastry flour 360g 65g sugar 6g salt 6g dry yeast eggs 80g butter 40ml milk

FOR THE GLAZE & COLOURED EGGS:

eggs egg yolk 1 tbsp milk food colouring

FOR THE DECORATION:

2 tbsp maple syrup 6 tsp sugar pearls

BEST WORK WITH:

SD-YR2550 Menu 10 SD-YR2540 Menu 10 SD-R2530 Menu 10 SD-B2510 Menu 8 SD-ZX2522 Menu 14 SD-ZB2512 Menu 29 Menu 29 SD-2511 SD-2500 Menu 10







Soak cashews in water overnight. Drain water afterwards.







Add half of the cashews, turn on the juicer and gradually add 700ml of water. Open the juice tap as soon as the cashews have gone through and repeat until you're all out of nuts. Set cashew milk aside.



For the carrot juice turn on the slow juicer and add carrots. Put carrot pulp and juice aside. Store the juice in the fridge in a sealed container for further use



Put all dry ingredients in a mixing bowl and mix.

5 Quickly stir in the rest of the ingredients until the dough is consistent.



Line the baking pan of the Panasonic Breadmaker with baking sheet and add dough. Bake for 60 min on the programme 'baking only'.

- 7 Put all the ingredients for the frosting in a blender and blend until smooth. Store in the fridge until use
- Let cake cool down completely on a cooling rack after baking.
- Apply frosting and top with coconut chips and almonds.







INGREDIENTS

CASHEW MILK

CARROT JUICE

150g cashews 700ml water

1kg carrots

FOR THE CARROT CAKE

330g whole spelt flour 240g raw cane sugar 4 tcresp cinnamon 3 tsp baking powder 11/2 tsp sodium applesauce 150g 75ml cashew milk carrot pulp 120g 150ml canola oil 1 pinch of salt

FOR THE CASHEW FROSTING

150g cashews 100g soy quark 1/2 organic lemon (zest) lemon (juice) 1 tbsp coconut oil 1 tbsp agave syrup 1 pinch of salt

additionally:

25g coconut chips 1 tsp almonds

BEST WORK WITH:

SD-YR2550 Menu 26 SD-YR2540 Menu 27 SD-R2530 Menu 25 SD-B2510 Menu 19 SD-ZX2522 Menu 18 SD-ZB2512 Menu 18 SD-2511 Menu 18 SD-2500 Menu 14



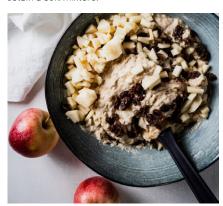


STEPS



Mix flour, sugar ½ lemon grated peel, salt, vanilla and baking powder in a large bowl together by using a spatula. In another container mix the soy milk with the juice of ½ lemon, and leave to rest for 5 min, before adding the sunflower oil.

2 Pour the liquids into the flour and stir until you obtain a soft mixture.



Soak the raisins for 10 mins in hot water. Then add them and 1 diced apple to the mix.





Mix well and pour the mixture into the baking pan, after removing the kneading blade.





Cut 1 apple into thin slices. Arrange the apple slices on the surface, brush with the rice malt (diluted with a drop of water), decorate with the flaked almonds and a sprinkle of cinnamon and cane sugar.

- Select programmme "baking only" and set the time for a total of 1 h and 30 mins.
- Once the cooking time is over, always do the toothpick test: the cake should be dry inside.
- Extract the basket and wait for 5 minutes before taking out the cake. Once taken out, place it on a wire rack and let it cool completely before



INGREDIENTS

220g	hard wheat flour		
65g	almond flour		
10g	baking powder		
60g	raisins		
50g	cane sugar		
260ml	soy milk		
80g	sunflower oil		
a pinch of salt			
1 tbsp	cinnamon		

lemon (zest and juice)

vanilla apples flaked almonds 1 tbsp rice malt

BEST WORK WITH:

SD-YR2550	Menu 26
SD-YR2540	Menu 27
SD-R2530	Menu 25
SD-B2510	Menu 19
SD-ZX2522	Menu 18
SD-ZB2512	Menu 18
SD-2511	Menu 18
SD-2500	Menu 14





Easy healthy breakfast buns recipe for our Panasonic breadmakers. Mixture of millet, spelt and wholegrain spelt.

STEPS

- Prepare the millet with water in a saucepan and let it cool slightly.
- 2 Take the bread baking pan out of the bread maker and insert the dough hook. Then add the prepared millet and the other ingredients in the order shown.
- Place the baking pan back in the breadmaker and close the lid. Then select and start the programme for whole wheat dough.



At the end of the programme, take the dough out of the breadmaker and place it on a well-floured work surface.

Divide into about 8 equal pieces and roughly shape into rolls. Line the baking sheet with parchment paper, place the dough pieces on it and let them rise again covered for another 20

(Optionally cut the dough pieces in a cross shape on top)

6 In the meantime, preheat the oven to 240°C (convection). Place a fireproof bowl filled with water on the bottom of the oven, this will ensure a crispy crust. (Alternatively, use the Panasonic NN-CS89 steam oven. The combination of steam and convection ensures a great baking result. It also has a "steam shot" function that can be used at the beginning of a baking process.)



Dust the rolls again with a little flour. Place into the oven and bake for 5 minutes. Then reduce the temperature to 190°C and bake for another 10-15 minutes. (Depending on the desired browning degree)







INGREDIENTS

170ml water

wholemeal spelt flour 100g

250g fine spelt flour

1½ tsp salt 11/2 tsp dry yeast 1tsp sugar 200ml water

BEST WORK WITH:

SD-YR2540 Menu 21 SD-YR2550 Menu 20 SD-R2530 Menu 19 SD-B2510 Menu 16

